

Supporting Your Journey To Wellness



Alcohol, Drug Addiction and Mental Health Services

2015

ANNUAL REPORT TO THE COMMUNITY



Prevention

Children

Adult Mental Illness

Housing

Crisis Intervention



Free-Online
**Mental Health and Addiction
Screening Tool**
available at www.adamhtc.org

Prevention

- Ensuring that our children have the skills to make the right decisions about not using alcohol and other drugs is a concern for everyone. That's why ADAMHS Board funding has consistently supported the delivery of school and evidence-based drug prevention programming like "Takin it to the Schools" - a resiliency and protective factors development curriculum. **Personal and Family Counseling Services*** offers the program to elementary school-aged children in seven elementary schools in Tuscarawas and Carroll Counties. We target this age group because information on people entering the publicly funded treatment system indicates that they started use at the Junior High grade level.



Children

- The ADAMHS Board is proud to partner with the **Tuscarawas County Child Advocacy Center (CAC)*** for the purpose of ensuring that children who are victims of sexual abuse or severe physical abuse get connected to the professional mental health and medical treatment they need. ADAMHS Board financial support also assists staff of the CAC with raising community awareness about the importance of preventing child abuse and neglect.
- The earlier we can assist children to develop appropriate emotional, behavioral and social skills, the better chance they have of being successful in life and the classroom. The ADAMHS Board is proud to partner with **Personal and Family Counseling Services*** to operate the Early Childhood Mental Health Program (ECMH). Using an early childhood developmental assessment, the ECMH staff, teachers and parents identify areas where interventions will enhance learning and create opportunities for success both in and outside the classroom. 180 children were served during the 2014-2015 program year.
- Because adolescence tends to be the time when experimentation with drugs and alcohol begins, the ADAMHS Board, in partnership with community volunteers, started the CARY (Connecting with At-risk Youth) Project. Our goal is to reduce the incidence of teen drug abuse by connecting them with an adult who has a loved one that has struggled with addiction and can share the realities of the development of addiction.
- The behaviors and disruptions in family functioning which can be caused by children with both a mental health and developmental disability can be particularly challenging. Through a partnership with the Boards of Developmental Disabilities in Tuscarawas and Carroll Counties, the ADAMHS Board spearheaded creation of the Dual Diagnosis Community Interventionist (DDCI) program in order to reduce crisis and potential out-of-home placement for dually diagnosed children and young adults ages 8-24. Often, children with a mental health and developmental disability struggle to manage in a classroom setting as well as their home environment. The interventionist works intensely with these children and their families in order to improve all areas of their lives.

Adult Mental Illness

- The ADAMHS Board developed and manages a team intervention approach in the treatment of adults with severe and persistent mental illnesses (SPMI) for the purpose of stabilizing their symptoms. This enhanced support and outreach reduces or eliminates the need for lengthy psychiatric hospitalizations and crises. The ADAMHS Board is proud to partner with and provide funding to **Community Mental Healthcare, Inc.*** in the provision of numerous outpatient, psychiatric and crisis respite services to ensure adults with SPMI are successful in our communities.
- At times, individuals with untreated mental illnesses or addictions may commit a variety of non-violent offenses and place a repetitive strain on our criminal justice system and courts. The ADAMHS Board has partnered with the Tuscarawas County Sheriff's Office on the creation of an Inmate Reentry Coordinator to ensure that offenders with mental illnesses are receiving necessary, jail-based treatment and interventions. A key task of this position is to ensure that individuals transition from the jail to community-based agencies and providers for continuing treatment upon their release. The ADAMHS Board secured regional funding from the Ohio Department of Mental Health and Addiction Services to begin this program.
- Recognizing the signs of an ongoing or developing mental illness are key to treatment and recovery, the ADAMHS Board has added an anonymous, easy to use online screening tool to our updated website in which a visitor can determine right away if his or her behavior and current mental status reflect the signs of a serious mental illness or addiction. Visitors to our website are also provided with a resources list to ensure that they can connect to the appropriate services.
- Individuals with severe and persistent mental illness sometimes struggle with isolation and the absence of meaningful activities. These issues can be persistent and at times worsen the symptoms of mental illness. The ADAMHS Board provides financial support to **Advocacy, Choices and Empowerment (ACE), Inc.***, our local consumer operated services agency, ACE, Inc. provides Tuscarawas and Carroll County residents with a mental illness an opportunity to increase mental wellness through a support system of peers, educational groups, service projects and recreational activities throughout the county and state.



1307 individuals received services paid for by the ADAMH Board in 2015.



Housing

- Adults with severe mental illnesses may experience several episodes of homelessness during the course of their lives. In response, the ADAMHS Board has placed an increased emphasis on assisting these individuals to secure quality, affordable housing. This includes administering the Shelter + Care program funded by the U.S. Department of Housing and Urban Development (HUD). This ensures the availability of rental assistance, security deposits and utility assistance for individuals who are homeless and disabled. The ADAMHS Board is a proud partner of the Tuscarawas County Homeless Continuum and **Tuscarawas County Metropolitan Housing Authority*** on the Shelter + Care Program.
- During the last year, the ADAMHS Board secured regional funding from the Ohio Department of Mental Health and Addiction Services to develop the P.A.T.H. (Planning and Access to Housing) program. P.A.T.H. provides safe, affordable, short-term housing to individuals transitioning from inpatient psychiatric hospitals or other more intensive levels of care to independent living. P.A.T.H. residents are required to participate in various behavioral health services in order to ensure that they can transition to independence. P.A.T.H. can serve up to four individuals at a time as they transition to securing their own income to support independent living.
- By providing administrative oversight and property management for Gateway Housing, the ADAMHS Board ensures permanent housing and independent living options for individuals with disabilities – including mental health, substance abuse and/or developmental disabilities. Gateway Housing is a private, not-for-profit agency whose mission is to offer housing designed to meet the physical, social and psychological needs of individuals with disabilities, promote their health and security, and help tenants understand their rights under federal, state and local housing laws. Gateway contracts with the ADAMHS Board for administrative oversight and property management services.
- Recovery Housing is characterized as a safe and healthy living environment that promotes abstinence from alcohol and other drugs and enhances participation and retention in traditional clinical treatment. In FY '15 the ADAMHS Board secured competitive grant funding through a 50% matching grant from the State Department of Mental Health and Addiction Services to start Tuscarawas County's first Recovery Residence in collaboration with **Personal and Family Counseling Services***. Residents benefit from peer support and accountability, and gain valuable relapse prevention, case management and employment skills training as they transition to living independently and productively in the community. A minimum of five individuals per year are served in the project.

Crisis Intervention

- One of the most important services made available to our residents experiencing severe psychiatric or emotional distress is our local crisis intervention services continuum provided by **Community Mental Healthcare, Inc.*** With strong financial support from the ADAMHS Board, crisis intervention and hotline services are available 24 hours a day/7 days a week. This includes emergency hospitalization pre-screening services and referrals to hospitals providing inpatient psychiatric care, including the State Psychiatric Hospital- Heartland Behavioral Healthcare in Massillon.
- Community Mental Healthcare also operates a five bed Crisis Respite Unit at their Dover location with the support of ADAMHS Board funding. Respite services act in many cases as a diversion from out-of-county hospital-based services or as a "step down" service for individuals that require more support during their transition back to the community.
- In order to provide immediate support to family members and others at the scenes where completed suicides have occurred, the ADAMHS Board organized LOSS (Local Outreach to Suicide Survivors) teams which serve both Tuscarawas and Carroll Counties. Volunteers work on a rotating basis and in conjunction with mandated first responders (e.g. law enforcement, Coroner's Office, paramedics) in order to provide immediate, on-site support to surviving family members and friends.



* Contract providers and services funded by the ADAMHS Board.

FY '15 Revenues & Expenses

(7/1/14- 6/30/15)

Revenue

State/Federal Mental Health	1,397,331
State/Federal Substance Abuse	520,913
Tuscarawas County Levy	893,127
State/Federal Housing	263,133
State Criminal Justice	65,000
Title XX/Donations/Etc.	18,440
Housing Reserves	<u>17,660</u>

Total Revenue

\$3,175,604

Service/Operational Expense

Mental Health Treatment	949,343
Substance Abuse Treatment	496,565
Criminal Justice Interventions	156,777
Prevention	109,199
Housing	471,294
Peer Support Services	149,941
Special Projects	32,695
Board Operations/Services	637,024
21-Day Operating Reserve	<u>172,766</u>

Total

\$3,175,604

Message from our Board Chair and Executive Director



Thank you for taking an opportunity to look at our annual report. It is always a challenge to represent in a concise way the numerous individuals, families and services which are in some way tied to the ADAMHS Board or our behavioral health system in general. From children as young as two and seniors in the twilight of their lives- all can be impacted by episodes or events where they need the support of treatment professionals and services supported financially or administered directly by your local ADAMHS Board.

We're particularly proud of the crisis respite and intervention services we are able to make available to residents most in need of support due to the severity of their psychiatric illnesses. Supportive housing services have also been expanded to assist these individuals to obtain and maintain stable housing during the height of their illnesses. Securing regional grant opportunities has also enabled us to make very promising medications available to people who become dependent on powerful prescription and illicit opiate drugs. We've worked closely with our partners at the Tuscarawas County Sheriff's Office and Courts on this enhancement to counseling services in order to prevent the "revolving" door approach at the courts and jails related to untreated substance abuse within our communities.

Volunteers have played an important role in both reducing substance abuse among youth and helping families attempt to adjust to the loss of a loved one through a suicide. First, the CARY (Connecting with At-Risk Youth) Project features adults who have experienced substance abuse within their family and connects them to a troubled youth in the early phase of substance abuse. Their experiences and insights hopefully serve as a "wake-up" call for these children experimenting with drugs. Secondly, our LOSS Teams (Local Outreach to Suicide Survivors), which respond to the scenes where suicides have happened, include a volunteer that has lost a loved one to a suicide. This twenty-four hour, seven day a week service allows these families to hopefully begin the healing process immediately following these tragedies.

Thanks for your continued support and as always, call our office with any questions about services or the programs we support.



Respectfully,
Diana Boyd
ADAMHS
Board Chair



Respectfully,
Dave Schaffer
Executive Director

Board Members



Barbara Burns



Bob Hannon



Don Jimison



Brian Kress



John Lyons



Polly Patin-Mellor



Pat Russell



Kevin Spears
Vice Chair



Karen Stokey



Steve Thomakos



Mickey
Zimmerman



Electronic copy of this report available at www.adamhtc.org

Alcohol, Drug Addiction & Mental Health Services Board of Tuscarawas & Carroll Counties

1260 Monroe Street NW, Suite 27N | New Philadelphia, OH 44663

Phone: (330) 364-6488 or (330) 627-7912 | Fax : (330) 364-3307 | E-mail: office@adamhtc.org | www.adamhtc.org